



Instructions for submission

Article

Manuscripts containing original material are accepted for consideration if neither the article nor any part of its essential substance, tables, or figures have been submitted elsewhere before appearing in the Amsterdam Medical Student journal. Please make sure your article is formatted according to the guidelines below.

Content of the article

Original articles are scientific reports of the results of original clinical research. The text is limited to **2700 words** (including abstract, max. 5 tables and figures, and max. 30 references).

1. Title

The title is the key player into determining whether a reader continues reading your article. Keeping that in mind, a title should comprise the following:

- The title describes the subject of the article (e.g. “Potatoes as a cure for diabetes”) or summarizes the results (e.g. “A potato a day keeps diabetes away”).
- The title should be appropriate for the intended audience.

2. Authors

It is important to keep in mind that the author section can be a sensitive subject, due to the hierarchy it implies. Hence we included a few tips.

- The first author conducted the research and wrote the paper. In case of two conducting researchers co-first authorship could be used.
- Others who contributed substantially to the research are also listed as authors. Always ask permission before mentioning anyone as co-author.
- A substantial contribution should be defined as “scientific-input”. Conducting measurements or performing assays is not enough to become a co-author. Other research conductors can be mentioned in the acknowledgments section.
- Include full name, e-mail, department and institution of the corresponding author. All other authors should be mentioned with full names.

3. Abstract

An abstract persuades other peers to read your article thoroughly. It briefly summarizes your paper’s aim, methods, results, discussion and conclusion. Start by writing a summary that includes the essentials, and then gradually prune it by removing unnecessary words. Keep in mind that the abstract should not contain figures or citations. Maximum amount of words is 300.

4. Introduction

An introduction should elucidate the central aim of the study. Generally, the author summarizes relevant, previously published literature and points out which knowledge gaps are still existing. Also, the author indicates in which way the study could contribute to bridging these knowledge gaps. Hypotheses regarding the outcome of the study could be formulated, based on previously published literature.

5. *Methods*

This section should thoroughly elaborate on the methods of your research in such way someone else is able to repeat your experiment. It might be helpful to include a figure to explain the used methods. Also, include the methods for statistical analysis. If relevant, include approval of the Medical Research and Ethics Committee (MREC) and statements on informed consent as well. Do not describe results in this section, except for preliminary results that were used to design the main experiment.

6. *Results*

The obtained results are presented in this section, including data on the study population. Use graphics and tables to support the main text. Only include data relevant for your discussion and conclusion section. Interpretation of the data should be saved for the discussion.

7. *Discussion*

Start with a brief summary of your results. Highlight the most relevant results. Negative results can be important as well. Important questions for the following paragraphs are:

- How do these results relate to the original question?
- Do the data support your hypothesis?
- Are your results conform to other studies and if not, for what reason?
- What further research is necessary to answer the questions raised by your results?
- How do your results fit into the regarding research field?
- What general conclusion could be drawn from the presented research?

8. *Acknowledgment (optional)*

In this section, other contributors to the research or the manuscript could be mentioned as a gesture of appreciation.

9. *References*

The Vancouver citation style should be used. Consult the following document for instructions (<http://openjournals.net/files/Ref/VANCOUVER%20Reference%20guide.pdf>).

Format of the article

1. *Submission*

Submit your article online as a word-document via www.amc.nl/amsj. It should be formatted as indicated below.

2. *Format*

Layout:

- Times New Roman, 12 pt.
- Title and main headings 14 pt bold; subheading 12 point italic.
- No headers or footers.
- No columns; left align; single line spacing.
- Number all the lines in the document ('Page Setup', under the 'Page Layout' tab).
- Language: US or UK English spelling and punctuation.

Title page:

- Title of the manuscript.
- Full names of authors with affiliation/institution.
- Contact information of the corresponding author.
- Word count including abstract, tables, figures, and references.

Manuscript order:

Abstract, Introduction, Methods, Results, Discussion, Acknowledgements, References.

Tables and figures:

- Tables should be in Word format, self-explanatory and included data should not be duplicated in the text or figures.
- Place tables and figures at the end of the article.
- Tables and figures must be cited in the main text in numerical order.
- Figures should be submitted as separate files (TIFF file). Use the program “graphpad prism” to edit figures.
- Legends for all figures should be included in the file with the text and should not appear on the figures.

References: Vancouver citation style

Consult the document mentioned under ‘9. References’ for guidelines. In the manuscript, superscript should be used to refer, e.g. “...treatment is of proven benefit¹”.

Copyright Transfer Agreement form

Do not forget to sign the copyright transfer agreement form. Please make sure every author has agreed to publication. The form should be uploaded along with the article (PDF, TIFF, JPEG file). For the copyright transfer agreement form, see Appendix I.